

Mark Valdez
President

Marty Perez
Vice President

RANK & FILER



Stephanie DeLaRosa
Recording Secretary

Linda Doppe
Financial Secretary

Buzz Enea Jr.
Treasurer

August 2010 Edition

Local 1440

Letter from the President

Brothers and Sisters,

Why Shop Union Made?

In today's global economy, where corporations regularly profit from moving production to exploit the world's most vulnerable worker, many of the goods we buy are made under extremely poor working conditions.

Quality union manufacturing jobs are constantly sent offshore because companies feel no responsibility to pay a fair wage.

As a consumer, you can choose how you spend your money, and that choice gives you power.

Buying Union Made gives you the power to support responsible companies that employ workers who make that product are treated fairly, receive decent wages and benefits, and have a voice at work.

BUY UNION

NEW PAY RATES STARTING 8/01/2010

LABOR GRADE 1	\$18.970
LABOR GRADE 2	\$20.744
LABOR GRADE 3	\$22.814
LABOR GRADE 4	\$23.997
LABOR GRADE 5	\$25.475

Signed contributions are invited by Members of Local 1440. Other contributions may be accepted. All material is subject to general interest to the membership and space availability, and may not be returned. Articles, opinions expressed, and statements made are not necessarily the opinion or the policy of the Union. The union does not endorse any advertisers

In Memoriam

Oscar Alfaro

Brother Alfaro, 48, passed away on August 3, 2010 in a motorcycle accident on Highway 505. He is survived by his wife Rachelle, 1 daughter and 2 sons. He worked as a Roll Grinder in the Roll Shop.

There is a Memorial fund for Oscar's family at the United Savings Federal Credit Union. Thank you to everyone that has already donated at the main gate.

**Our Union Meetings are held every
2nd Thursday of the month.**

**Our Next Meeting will be on
September 9th
5:30 PM at the Union Hall
677 Cumberland St.
Pittsburg**

LOCAL'S WEBSITE



www.usw1440.com

Grievance Committee

Buzz Enea Jr. - Chairman -Reliability
Mike Orlando - Rolling
Joe Perez Sheet
Steve Berendsen Tin
Stephanie De La Rosa M&I

Call Hall at 432-7396 for Grievance Person Phone No.

Contracting Out

Andy Angelo. - Chairman
Jim Gillespie - Assistant

Here are some government agencies to protect your rights as workers. Here are the numbers for your information.

FEDERAL – EEOC – WWW.EEOC.GOV
510-634-3230

STATE – FAIR EMPLOYMENT &
HOUSING – 1-800-884-1684

NLRB – WWW.NLRB.GOV – 510-637-3300

OSHA – WWW.OHSA.GOV – 925-602-6517
925-676-0227

Michael's Universe...

by Michael Cothran

What we Speak!

Everything in this universe vibrates at what are called frequencies; in other words everything produces a particular sound from its vibration. We now have people in our company that perform 'vibration analysis' studies, in an effort to predict machinery failure. Wow, actually being able to predict breakdown from sound! This is good stuff folks!

Ok, now to the meat, our speech is comprised of very interesting aspects you may not have thought about. Our vocal cords are unique instruments in that air that passes through the opening strands of our vocal cords and is restricted and causes them to vibrate producing certain tones or frequencies of sound.

We through our training as youngsters have learned through our thought to control our will to flex these strands at specific algorithmic integer/nodal patterns in vibration sine wave structures that are heard by our ears. Bet you didn't know this could be described this scientifically. Our young training taught us that these specific patterns of sound frequencies could have specific meaning. We learn to speak, meaning that we can communicate between ourselves in these recognizable sound patterns and as babies our parents were really shocked at the different frequencies we could attain in our vibration experiments for attention! Science has also found that musical vibrations are heard through the ears and have effects on our brain. We think in neurologically/algorithmically produced picture phasing (to be discussed in another article). The electron flows from our ears are received in our brain as algorithmic nodal points and are accepted by specific neurons that create a picture; we think in pictures.

From these studies there have been found certain sounds patterns actually produce greater algorithmic activities in the neuron communications. There is known that violin frequencies produce more activity and actually helps our brain remember. This is called the Mozart Syndrome.

The next part of the meat, we can control the frequency modulations by our will power. We need to know specifically, that there is an underlying algorithm pattern created by our will that affects how everyone else hears our sound. Our will can produce an out of phase algorithmic nodal pattern that will produce a wanted or unwanted reaction in another person.

Thus we must learn to control knowingly what we say to another, to produce the wanted reaction, preventing error or anger.

ICD

Learning Advocates

Andy Angelo
Hamid Heydari
Milt Lea
Tim Lear
Jeanne Millecam
Bill Swenson
Bill Soltis

QUOTE OF THE MONTH

Our labor unions are not narrow, self-seeking groups. They have raised wages, shortened hours, and provided supplemental benefits. Through collective bargaining and grievance procedures, they have brought justice and democracy to the shop floor.

President John F. Kennedy, 1962

WARRIOR BROTHERHOOD VMC

1ST ANNUAL POKER RUN FOR FAMILIES OF FALLEN HEROS

SEPT. 11TH 10 AM – 4 PM
SIGN IN AT RED CABOOSE –
ANTIOCH

FOOD-50/50 RAFFLE-DOOR PRIZES-
VENDORS-MUSIC
\$20.00 DONATION

MOTORCYCLES & CARS INVITED
MORE INFO
DALE VANZANT (925)238-6532

UPI FAMILY PICNIC

**Sunday
September 19, 2010**

Come Join Us for a Great Day of
Fun Filled Activities
at

Little Hills Ranch in San Ramon
-11:00am to 4:30pm -

\$5.00 Admission Will Get You:
Great Food, Entertainment, Sports For All
Ages, Including Softball, Volleyball,
Basketball, Rock Climbing, and More
Lots of Fun for Kids Too!!

5 Tickets Per Person

Contact Dee @ 439-6081
Space is Limited

Deadline is September 1, 2010

CAA DISCOUNT TICKETS 2010

FOR TICKETS COME ON DOWN TO THE CAA OFFICE AND SEE DEE OR CALL EXT 6081



Gilroy Gardens Family Theme Park

		CAA
General Admission (Ages 11 - 61)	\$44.99	\$16.00
Child (Under 3 - 10)	\$34.99	\$16.00
Two & Under	FREE	



Universal Studios Hollywood

(You can pay by Visa/Master Card)

		CAA
General Admission	\$69.99	\$59.00
Child Under 48"	\$59.99	(Good for 3 visits with in 2010)
12-Month Annual Pass (11 Black-Out dates)	\$69.00	



Six Flags Discovery Kingdom

		CAA
General Admission	\$49.99	\$25.61
Child Under 48"	\$31.99	\$25.61
Two & Under	FREE	
Meal Vouchers (4 Different Options to choose)		\$10.00



California's Great America

		CAA
General Admission (Ages 3 & up)	\$59.99	\$27.00
Adult (Ages 3 - 61 and 48" taller)	\$54.99	\$27.00
Junior/Senior (Ages 3 - 61 and under 48", ages 62+)	\$24.99	\$27.00
Gold Pass (Halloween Haunt, Gilroy Gardens, includes Parking)	\$90.00	\$59.99



WaterWorld Concord

		CAA
General Admission	\$31.95	\$18.00
Junior (Under 48")	\$19.95	\$18.00
Senior Citizen (55+)	\$19.95	\$18.00
Two & Under	Free	Free

The C.A.A. Office Hours

Monday	Closed
Tuesday	Closed
Wednesday	7:00 to 11:00 am.
Thursday	12:30 to 4:30 pm.
Friday	12:30 to 4:30 pm.

SAFETY CORNER

Five Heart Attack Warning Signs

75% of the people can't name five warning signs, also don't know what to do if the symptoms appear.

The Signs Are:

1. Chest pain and discomfort
2. Shortness of breath
3. Discomfort or pain in the arms or shoulder
4. Discomfort or pain in the neck or back
5. A feeling of weakness or lightheadedness

Chest pain is the most common heart attack symptom in men.

Women experience back and jaw pain or shortness on breath more than chest pain.

Not Knowing the Symptoms can literally kill you. Half of the estimated 175,000 people die from heart attacks each year within the first hour after experiencing these symptoms.

Getting to a hospital ASAP can make the difference between surviving and dying.

If someone in your area is experiencing heart attack symptoms and tries to brush them off, don't let them get away with it.

**Seek Medical Help
Immediately**

**Your Wage Safety
Representatives**

RETIREMENTS

July

Charles "Smitty" Smith – 31 years of service, worked as floor repair in Reliability Dept.

Congratulations and good luck to our Brother on his retirement.



**CAA EVENT
BLACK OAK CASINO
Turnaround Bus Trip
EXTRAVAGANZA**

**AUGUST 29TH (SUNDAY)
COST ONLY \$25.00**

TRIP INCLUDES:

- ROUND – TRIP MOTORCOACH TRANSPORTATION
- BONUS- \$10 CASH \$5.00 FOOD & \$5.00 MATCH PLAY

Call now and make your reservations (ext 6081), Money must be in by 8/25/10

- BUS WILL LEAVE SAVE MART PARKING LOT ON HARBOR IN PITTSBURG AT 8:00 A.M.

** WE WILL ARRIVE HOME AROUND 5:30 P.M.**

Call Dee - 439-6081 or Tim – 250-0248